

# Data Spotlight

National Survey on Drug Use and Health

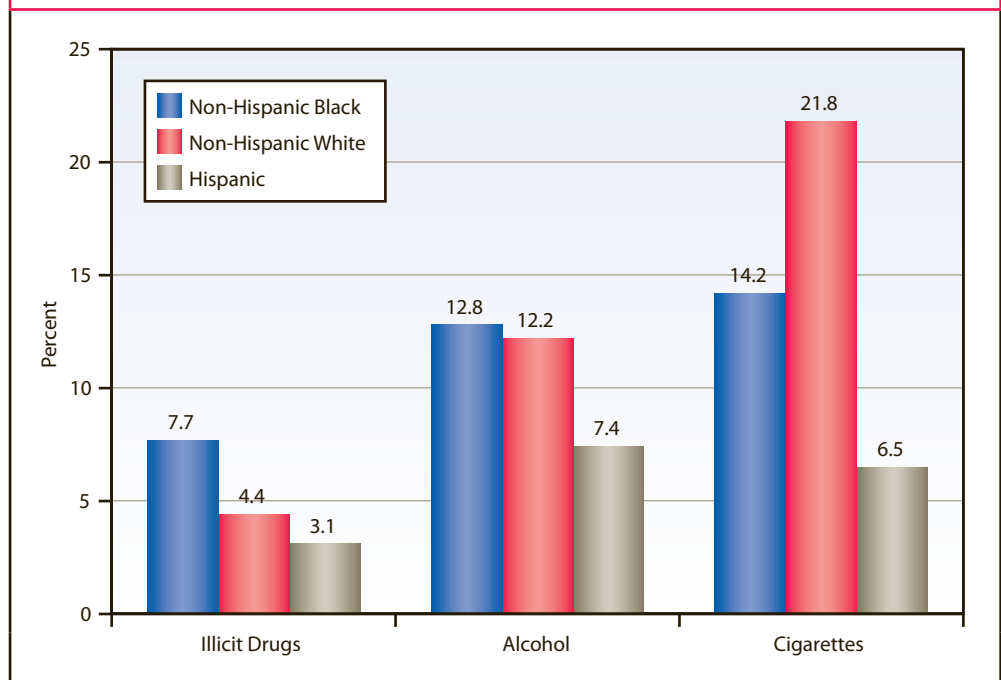
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## Substance Use during Pregnancy Varies by Race and Ethnicity

When pregnant women use alcohol, tobacco, or other drugs, they incur an increased risk for experiencing health problems themselves and poor birth outcomes for their infants. It is important for doctors, nurses, and midwives to discuss the risks of substance use with all pregnant women. Data from the National Survey on Drug Use and Health (NSDUH) indicate that substance use during pregnancy varies by race and ethnicity and suggest that health care providers may consider delivering targeted messages to make their discussions more effective.

According to NSDUH data, among women aged 15 to 44, pregnant black women were more likely than pregnant white and Hispanic women to have used any illicit drugs in the past month (Figure). Pregnant black and white women were more likely than pregnant Hispanic women to have used alcohol in the past month. Pregnant white women were more likely than pregnant black women to have smoked cigarettes in the past month, and both groups were more likely than pregnant Hispanic women to have smoked. Health care providers may want to consider using this information to deliver relevant health education to their patients about risks associated with illicit drug, alcohol, and tobacco use.

**Past Month Substance Use among Pregnant Women Aged 15 to 44, by Race/Ethnicity and Substance: 2002 to 2010**



Source: The National Survey on Drug Use and Health (NSDUH) is an annual survey sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). The survey collects data by administering questionnaires to a representative sample of the population through face-to-face interviews at their places of residence.

